


FOCUS: Tell me about how Polk County Family Week got started. LW: I had the dream. I had heard of National Family Week, I had seen that in Orlando they have Orange County Family Week, and I thought it would be a great idea for Polk County to recognize familes and make sure they are given the attention they need. We want to suppork arisk and healthy families and make sure that our focus is on them. A lot of organizations came together to make this possible Girls Clubs, the school board, churches and more. Each of these groups a e doing things within their individual areas, but Polk County Family Week is for the entire county. That is what is so gr are helping for a united, countywide cause
FOCUS: What's the premise behind Polk County Family Week? W: Really, the theme for Polk County Family Week is strong families W. Reall our extended family, they link us together. We must strengthen and support our families if we want to live in a good community So we have activics at Polk County Family Week Bake you think and challenges familes to pay attention to each other That's going to make stronger families, which make
place for us all to live.
FOCUS: It's my understanding that this isn't put on by an organization.

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 THE TIME TO RECOGNIZE FAMILIES ARE IMPORTANT, AND HERE ARE SOME IDEAS OF HOW WE CAN STRENGTHEN THEM." LW: ITs pat on a group of people who care about families. It's unique and a really neat thing to be a part of. We welcome others who would like to be a part of strengthening families in our county to contact us and support these efforts. We have sponsors that donate money and/or products so that the weeks events can be free for everyone.FOCUS: What does this event mean to you, having thought it up and organizing it? $\qquad$ see how so mave come togethr to LW: It's amazing to see how so many people have come together to apport families. Ave Family Week has made me appreciate Polk County Being involved in Famly wrown to love Polk County because I saw so even more. 1 have real support something that is very important to me: many peop
families.
FOCUS: How have you seen the event grow since its inception to what is scheduled for this year?
LW: We have a Web site now that has great information for families. We develop a theme each year to focus our events and information around We understand that families are busy - some have to take their kids to sports, music lessons, etc.; some are working many hours. We are all busy. We didn't want Family Week to be another burden on families. So this year we have activities planned that families can attend, and we have activities that can be done from their homes. We want it to be a week of encouraging and remembering our families of their importance. We want to help unite them. Our Web site has important links with service ideas, county parks info, local events and more.
Also, this year, we are having the Generation Celebration - our kickoff event on Nov. 14 at the PSC/USF campus in Lakeland. It will start with

5 k run/walk and go, throughout the day featuring bouncy houses, essay and art winners recognition, Grandparent of the Year Awards, fun and informative booths, free food and drinks, chili cook-off compell be free family pictures and lots of raffle prizes. The grand prize we lots of Disney World vacation package. Everything is free. The Ceration people coming and enjoying all that is planned for them. Th Ges that are Celebration event is just the beginning - there are free and wonderful for the rest of the week.
FOCUS: This year for Polk County Family Week there has been the addition of Grandparent of the Yer. What's the thinking behind this? LW: This year our theme is Generations. We think it is important for people to remember theirgrandparents and their exles they play in linking uncles and grandparents realize the inpor is and strengthening families. We also cognize and show gratitude This is a way to recognize wonderful grandparents who are continuing to be positive influences for their families.

FOCUS: How have you een Polk County Family Week make an impact on the community?
LW: We see many families participating in our week's events. We read beautiful essays from students. We see chools having a family picnic on the lawn day, encouraging families eat together The list goes on. We love seeing letters from those who have participated in the past and have enjoyed the events. It has gone beyond what I could have imagined. People are actually taking the time to recognize families are important, and here are some ideas of how we can strengthen them.

To find out more about Polk County Family Week,
log onto polkcountyfamilyweek.com
or e-mail info@polkcountyfamilyweek.com.

## Notable accomplishments

- President of Built By Waters

President of the Polk County Builders Association
Builder of the Year Award by the PCBA
Won Woman of Distinction from National
Association of Women Business Owners. Won five Auroras, a coveted award that pits builders from 13 southern states against each other

- Member of the advisory committee for the YMCA in Winter Haven.
Public affairs director for the church of Jesus Christ of Latter-day Saints

